CAREER CONNECTION: 103 BUILDING YOURSELF AND EXPANDING YOUR CAREER RESOURCES

Career One Stop - Your source for career exploration, training, and jobs [https://www.careeronestop.org/](https://www.careeronestop.org/)

Career Daydream Exercise

DIRECTIONS: Close your eyes and imagine yourself in your dream career. Then, answer the following questions.

1. What do your responses reveal about possible careers you could explore?
2. What time would you wake up in the morning? What would you wear to work?
3. Do you imagine yourself living in a house, apartment, condo, etc.?
4. What would your work setting look like? (office, outdoors, home office, classroom, other)
5. How many people would you prefer to work with? (a lot, a few, work independently)
6. How active would you be throughout the day? (sitting, standing, walking, lifting, traveling)
7. What would be the focus/purpose of your work? (helping people, developing a product, etc.)
8. What are three work activities that you would want to incorporate during the day? 10. How would you serve others in the work you do?
9. What annual salary would you desire to make in this profession?
10. What would your personal life look like? (single, relationship, married, children, pets, hobbies)

Source: UGA Career Center, Finding Your Career Fit